

SUMMIT PROGRAM at Palmetto Pines Behavioral Health



The Summit Program embraces the developmental model approach for the treatment of psychiatric, behavior/conduct, mood, attachment, and trauma. A systemic view includes available family involvement. Biological antecedents, learning tactics, and self-development are addressed with 12-17 year old males and includes a substance abuse track.

Therapeutic Treatment

The Summit Program subscribes to an integrated and developmental model of treatment whereby we view psychiatric problems as a complex and multi-faceted phenomenon. The physical, emotional, spiritual, and social needs of each resident are identified and addressed by a carefully selected staff of professionals.

TREATMENT MODALITIES

■ Group Therapy

- Adolescent Development Groups: Exploring developmental factors and managing dysfunctional behavior
- Basic Groups: Didactic in structure and process focusing on understanding the interrelationships between thinking, feeling, and behavior
- Advanced Groups: Involve a more process-oriented approach to understanding the personal patterns related to thinking, feeling, and behaving. Also, focus on increasing levels of awareness and facilitating more complex systems of self-regulation

- Transition Groups: Begins the process of reintegration into the community. Designed to help residents maintain long-term wellness by understanding their behaviors and increasing their range of choices concerning their behavior
- Chemical Dependence/ Substance Abuse Groups
- Spirituality Groups

■ Education Services through a fully accredited on-site school

■ Family Therapy

■ Therapeutic Community Concept

■ Discharge Planning/ Transition Services

- Accredited by the Joint Commission
- Accredited by the Southern Association of Colleges and Schools
- Licensed by the State of South Carolina Department of Health and Environmental Control
- Licensed by the State of New Jersey Department of Human Services
- Credentialed by Delaware Department of Children, Youth and Families
- Credentialed by Connecticut Department of Children and Families
- Credentialed by West Virginia Department of Health and Human Resources
- Credentialed by Rhode Island Department of Children, Youth and Families



For more
information
or to make
a referral

843.667.0644 Local

877.407.4904 Toll-free

843.669.5127 Admissions Fax

www.palmettobehavioralhealth.com